

By being a 8-year old kid, I want the world to be more colourful. This makes me be nice to my friends; I don't want everybody to agree with me. I don't get angry with these kinds of things. This is how we manage to play a lot of games everyday. But, when I am fighting with bullying people, sometimes my heart can break, and I can be sad.

What do you think about bullying? I'm a polite and kindly child, and that's why I'm strong. I believe that bullies are powerless people. I believe that sensitive people are strong. Because people who are really strong do not feel the need to prove themselves by hurting and humiliating others. Bullying is a form of self-defence of weak people. They only feel that they exist in this life when they upset others. I am a strong person, as I learned from Kung-Fu Panda in order to be happy and feel good about myself, and I don't need to hurt anyone else. I do not criticise the personal characteristics of my friends or their loved ones. I like to be myself, I never make an effort to look like my friends.

Perhaps, when I go to school while wearing my favourite panda t-shirt; I definitely feel great. When my friend told me that my t-shirt was ugly, I smiled and said "I feel like a panda when I wear this t-shirt." And then, I told her that her t-shirt was looking perfect, though. At the second time, she said it, I answered that I loved my t-shirt. When it happened the third time, I kept a little distance to my friend instead of deepening our conversation. She understood her mistake and she said sorry. She answered that she loved cats too much. I said it was OK to love different things; we started to play together.

How does it make you feel to be offended in front of your friends? One of the issues I have the most difficulty with is being embarrassed. So, do we have to deal with the problems alone or would it be better to get help? I never hesitate to ask for help. Thus, my perspective on events changes and I overcome them more easily. If we are going to express our opinion on something, we can do it privately with our friends. For example two of my friends went to a kind of meal gathering with their mums. They have talked about me; and one of my friends' mum said that my prize was in vain. Then, my friends came and told me that my prize

was useless and silly. I was feeling a little bit heartbroken. I thought that everything I got during three years has been nonsense and it made me sad. I have shared it with my mum, and my mum also didn't want to deal with it herself; we visited my psychologist, and he said that you are a great and clever girl, so whenever you need help, your family and I are always with you. I didn't want to argue with my friends despite of this, instead of saying I am right and fighting, I wanted to play with them. We should be happy and protect our red lines.

There is no need to spend our days with bad problems. A bad word and behaviour can hurt us, but I am sure that all problems wound in time and resentments will heal in this life.

Finally, I wanted to write a word that I have always reminded of myself: Always be full of love, because loving children will make this world beautiful.